REDISTRIBUTING PRODUCE AND POWER
“BFR and Sprouts’ generosity fills me with gratitude. As you know, all of us here are at higher risk for Covid because of our age and existing health conditions. Those of us who are lower-income are at increased risk.

Their kindness touches me because our American culture seems to be youth-oriented. Through their actions, they’re demonstrating how much they value us, seniors, as human beings.

We are among the fortunate ones.”

- Participant at an affordable housing site for older adults
OUR MISSION:

Boulder Food Rescue aims to create a more just and less wasteful food system.

We facilitate the sustainable redistribution of surplus food that would otherwise be wasted to low-income communities, by bicycle.

We work with communities to facilitate their own food redistribution and create decentralized systems that bypass barriers to food access.
The COVID-19 pandemic has disrupted every corner of the food system, revealing racial and class inequities along the way. However, through this disruption, we were also able to witness the resilience of programs rooted in mutualism, participation, and collaboration.

Neighborhood stakeholders already support the wellbeing and health of their communities and are best adept to do so because of the knowledge and relationships they hold, as well as their positionality to their community. Boulder Food Rescue acknowledges, honors, and leverages this knowledge to increase access to food and empower communities to enact their own leadership. While they are absolutely life-saving, charitable food often comes with its own barriers and inconveniences that can, unfortunately, replicate systems of power and oppression.

Through our work, we are taking the charitable food system and flipping it on its head, building relationships and solidarity with the communities we are partnered with, and obscuring the lines between who is serving and who is being served. This work is about relationships, mutual aid, and care for our community. Our program participants are not numbers, they are our friends, neighbors, staff, and board members.

This work is about questioning rules and staying wild. It’s about creativity and connection. It’s about honoring the unique needs of people across different cultures and experiences. It’s colorful, vibrant, and caring. This work is fun. We want to live in a world where communities have autonomy in their food system and the resources they need to thrive. Although we, as a society, are far from this vision, we are creating local microcosms of hope and renewal through our No Cost Grocery Programs and love for our community.

By reducing food waste, we are slowly mitigating the climate crisis, which will continue to damage and risk the world in which we live. The climate crisis also disproportionately affects low-income and Black, Indigenous, and People of Color (BIPOC) communities, as hunger does. We recognize that the work we do only makes a small dent in the larger systemic change, and we hope to continue to raise awareness that we cannot live without this one earth. This land is sacred to so many communities, specifically Indigenous peoples. We must begin to have an economic redistribution of wealth and power to also tackle the climate crisis upon us.
Boulder Food Rescue was born out of the necessity to redistribute resources. If perfectly good food is being thrown into a dumpster that is landfill-bound right down the street from people that need food, then why don't we collect the food before it is wasted and redistribute it to our neighbors?

On top of that, how about we load it onto our bicycles to continue minimizing environmental costs and ensure that the rescued perishable food reaches its destination at peak freshness?

We know there are not simple solutions to the complex problems of food waste and food insecurity, but it’s hard to organize when you’re struggling to put food on the table.

As BFR continues to expand and grow, we are committed to elevating the voices of the program participants receiving food. Each program operates according to the needs and desires of that particular community and being decentralized allows for couriers to easily complete shifts by using bikes that are parked at each food donor.

Each food rescue shift creates ripples of mutual aid and food justice throughout Boulder and beyond.
Our No Cost Grocery Programs necessitate participation. Grocery Program Coordinators (GPCs) are leaders in their communities and maintain agency and autonomy over program operations. They are responsible for receiving, organizing, distributing, and cleaning the surplus food that couriers deliver. They collaborate with their neighbors to develop an interdependent network that connects people to food, as well as receiving and integrating feedback. Each No Cost Grocery Program is unique because it is run by the community that it exists in, making them inherently community-driven and focused on meeting the needs of that particular community.

Fruits and vegetables are more expensive in stores and harder to obtain from traditional charitable food sources, and they’re more desired by our communities. We minimize environmental impact by collecting surplus produce and perishable items that would otherwise be wasted and quickly redistributing it to recipient sites by bicycle or foot as much as possible.
Our diverse volunteer base consists of courier volunteers, our bike maintenance team, our outreach team, our fundraising team, our board, those offering event support, Grocery Program Coordinators, program participants that offer their support on-site, and various community support.

We collaborate with food access agencies on a county, state and national level. We are a part of the Boulder County Food Security Network where we help drive the Powersharing and Equity Committee, the Colorado Blueprint to End Hunger, where we sit on the Data & Evaluation Committee and Equity in the Charitable Food System working group, and facilitate our own national network called the Food Rescue Alliance, a peer-learning and resource-sharing network of 33 food rescues.

By encouraging individuals who use the charitable food system to actively participate in their own systems of food redistribution, we are building trust in our relationships with these communities. We believe that this trust-building process and participatory model is the first step to addressing the larger root causes of food insecurity to drive systems change for health equity.
2020 AT A GLANCE

400,480 pounds of total food rescued

11,760 pounds of food from farms & gardens

23 food & supply donors

53 farm & garden donors

12 food rescue shifts per day

215 volunteers

370,000 pounds of CO2 saved

141 million gallons of water saved

34 No-Cost Grocery Programs

6 Additional recipient agencies

3500 participants received food

$1.4 million in saved grocery costs
RECIPIENT AGENCIES

- Attention Recovery Center (ARC)
- Boulder SAFE
- The Bridge House
- Community Table
- Chinook Clubhouse
- Emergency Family Assistance Association (EFAA)
- Harvest of Hope
- Lamb’s Lunch
- Meals on Wheels
- Mental Health Partners:
  - Warner House
  - Mother House
- Safehouse Progressive Alliance for Nonviolence (SPAN)
- Sunday Soup Program:
  - First Congregational
  - TGTHR (formerly Attention Homes)

NO-COST GROCERY PROGRAMS

- Thistle Affordable Housing (3 sites)
- 9to5 (5 mobile home parks)
- Boulder Housing Partners (17 sites)
- Boulder Day Nursery
- Boulder Valley School District:
  - Uni Hill Elementary
- Children’s Alley
- Community Montessori
- The Family Learning Center
- CU’s Children Center
- New Horizons
  - Cooperative Preschool
- Friends Encouraging Eating Daily (FEED)
- Mountain Food Rescue Network

PARTNERS

FOOD DONORS

Grocery Stores, Restaurants, and Orgs:

- Lucky’s
- Lucky’s Bakehouse
- Natural Grocers
- Sprouts
- Whole Foods
- Great Harvest
- Nick N Willy’s
- Spruce Confections
- Trident
- Sweet Green
- Southern Sun
- Cava
- Frasier Meadows
- Boulder Valley School District
- Boulder County Farmers Market
- Growing Gardens
- Home gardeners through Fresh Food Connect
- Milk & Honey Farms

Farm Procurement:

- East Denver Food Hub
- Meta Carbon Farm
- Kilt Farm

Thank you to the numerous businesses and individuals who donated food, coffee, hygiene supplies, PPE supplies, and more throughout the pandemic.
FOOD REDISTRIBUTION

Boulder Food Rescue’s food redistribution program is community-led by design and reduces barriers to food access. When the pandemic hit, we were already set up to distribute food in a way that worked for people.

Here are a few of our accomplishments responding to COVID-19:
No Cost Grocery Programs reduce barriers to accessing food. We do not require any paperwork, documentation or proof of need and bring food directly to people where they can access it at no cost at times that work best for their community. We aim to only bring people the types of food they want and integrate feedback. Approximately 1700 people use this program every week.

**How we expanded:**

We established a new relationship with a coordinator who works with the organization 9to5 and also partnered with the City of Boulder to distribute food to Latinx residents living in three different mobile home communities. This opened the program to 215 new program users, virtually all of them Latinx, with barriers to using traditional food assistance programs because of the threat of deportation or negative impacts on immigration prospects because of public charge.

### Common Barriers to Food Access:
- Lack of financial resources
- Transportation challenges
- No backup or redundancy
- Limited hours of operation at programs
- Challenges discovering programs
- Red tape and paperwork
- Lack of respect
- Shame and stigma
- Lack of participation or voice
- Valuing fresh and healthy foods
One common barrier in accessing nutritious food is a lack of financial resources. Food insecurity is the result of economic insecurity. BFR is directly addressing this economic barrier to food access by intentionally focusing on produce and nutritious, culturally appropriate foods, which are often more expensive to purchase. Also, the food delivered to No Cost Grocery Programs is free to access.

To mitigate barriers associated with transportation and mobility, BFR delivers food to locations that are convenient and accessible to program users. Participants can access food in community spaces where they live or frequently visit, such as schools and daycares. This also helps participants reduce their time spent in grocery stores or food bank lines during COVID-19, which can help reduce their risk of contracting the virus. People with mobility limitations, physical disabilities, or older adults who use No Cost Grocery Programs might also face food preparation barriers that include difficulties cutting large amounts of vegetables or standing for long periods of time. We try to mitigate this by routing donations that often contain prepared items like pre-diced vegetables, deli items, or convenience foods to NCGPs with concentrations of older adults. This is also convenient for program users who find it difficult to cook healthy meals for just themselves on a regular basis, due to a lack of time.

People who work during regular business hours, as most people with middle and low incomes must, face additional barriers to using the food banking system. Specifically, food pantries are only open for limited hours. For someone working a 9-5 job, visiting a food pantry can be difficult. Without a car, it can be virtually impossible.

Utilizing the charitable food system is unfortunately stigmatized in our society, and shame and stigma create emotional barriers for individuals who use such services. To mitigate this, programs are run by community members. While maintaining social distance during the pandemic, NCGPs act as gathering points for the community to connect and socialize. This reduces isolation, which increases overall mental health and support. Additional paperwork can create red-tape and fear of using services if someone is undocumented, due to racist public charge policies and lack of trust of databases. It is also time-consuming and emotionally burdensome for someone to have to continuously “prove their poverty”. Everyone in the NCGP community is encouraged to use the NCGP and eligibility isn’t tied to need. This is because shame and stigma can deter users from need-based programs they could otherwise benefit from.
Participants access food in different ways depending on the needs of their community: by delivery of food to their front door by their neighbors, a selection of food in a grocery store-style outside of community centers, or a Grab-n-Go style grocery bag created by volunteers. Each Grocery Program Coordinator adopted the program modifications that they felt would best fit the needs of their community.

**How we expanded:**

We partnered with Mountain Food Rescue to expand from one to five food distribution centers in the mountains, greatly reducing food costs and the amount of time traveled to the store.
During COVID-19, local food pantries were no longer able to accept our fresh fruit and vegetable donations during the pandemic due to changes in operation to accommodate the rising need for their services. Produce is expensive and difficult to keep on hand.

**How we responded:**

We shifted our focus from distributing smaller amounts of food to multiple external agencies to routing larger quantities of produce to No Cost Grocery Programs on a weekly basis or multiple times per week.

We partnered with Boulder County Public Health to connect users to their 'Fruit and Veg Program', which provides vouchers for purchasing produce.
Prior to the COVID pandemic, food insecurity rates in the US and in Boulder County were 1 in 8 people. After the pandemic began, these numbers ballooned to 2 in 5 people. Furthermore, retail food donations decreased as a result of bulk buying and supply chains being interrupted. Local and regional farmers whose primary markets were restaurants and grocers lost their markets as well as their customer chain. The impact of COVID-19 on local food producers resulted in small farmers being disproportionately impacted because the pivots that many farmers had to make increased their labor needs (and thus, overall costs) for navigating online purchasing, CSAs, and COVID-19 safety concerns. The loss of markets and business pivots resulted in making large decisions about an unknown future and fear of their farms going under.

**How we responded:**

BFR created a pilot program to address these issues by coordinating the purchase and distribution of local and regional food. We sourced this food from farms that are led by young farmers and Black, Indigenous and People of color (BIPOC) farmers, to further support BIPOC-owned business as a form of giving resources back to people who are disproportionately impacted by the current pandemic and long-lasting institutional racism. By purchasing food from these farmers, we simultaneously supplemented No Cost Grocery Programs with high quality, site-specific, and culturally appropriate food, while supporting local food production and farm labor employment.
VOICES OF COMMUNITY FOOD ACCESS
“What makes BFR is making true friends with all the volunteers who drop off food.”

- Estela

Grocery Program Coordinator
The biggest changes due to the pandemic have been the learning curve, the importance of communication, and the extended time needed on both ends of delivery. I have been blessed with two strong and consistent aides, two others that are fairly regular, and three others that are willing to step in if available.

-Mark, Grocery Program Coordinator
"Volunteering as a GPC during the COVID-19 pandemic has allowed me to view first-hand the needs of my community. The number of fellow community members utilizing food support through the program has tripled. Whereas there were 6-8 households within my community accessing food distribution prior to the outbreak, there are now 19 households requesting food. This includes 7 families.

As community members faced full-time childcare obligations, job loss, and mobility restrictions related to the Governor’s shelter-in-place order, community need for food amplified tremendously. BFR allowed me to assist in reacting quickly to these unforeseen needs.

It took about two weeks for my community to adjust to protocol changes around food distribution. Sometimes unwanted items would be returned to my apartment door or to the main area where food distribution previously took place in a group setting. Posting signs in the common area provided by BFR helped eliminate misunderstandings and confusion. Including a sign-up sheet for new participants allowed me to continue organizing the program within my community from a distance.

Instead of implementing a “grab-and-go” method for food pickup, my daughter and I deliver food bags to households who have signed up. We leave bags at residents’ doors and are able to further minimize community spread that could take place if residents are to arrive to grab a bag. This helps me feel that the program is safe, as there are a number of immune-compromised residents living in our building.

While we have hunkered down, I have seen this community grow stronger – to forge bonds that were not previously present or were fleeting. I have seen individuals grow closer, ask more of each other, and give more of themselves than I believe we ever had before. This situation has instilled resilience in all, we have come together in ways that have truly made us all better people. There’s a feeling among residents that we’re all looking out for one another. This has been expressed to me through letters, texts, and phone calls. I don’t see this changing in the future, as the collective experience we share cannot be understated."

Liza
Grocery Program Coordinator

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"Healthy bodies create healthy communities. When we nourish each other, we are nourishing ourselves.

By simultaneously reducing waste and feeding our neighbors, we are creating wins for all parties involved! Win, Win, Win!"

-Vita, Courier Volunteer
"The Madison community has received food from BFR for more than three years. The special thing is the way to distribute the food strategically and that we can receive it close to our homes, almost to the door. In addition, the people who distribute it are volunteers who do not expect anything in return for doing these tasks, which speaks very well of the people who make up this program. Another special thing is the quality of the food, it arrives in a very good condition and sometimes enough product arrives to cover the needs that at this moment that you are living in the middle of a pandemic, many neighbors have lost their jobs.

Receiving food during the pandemic has been a great challenge for some of us, but we have been adapting to follow the safety rules, respecting the distance, using masks, disinfecting our hands before and after approaching each other. In advance, I can only thank the BFR program and all the staff who make it possible."

"I’m feeling pretty proud of myself this morning! With your help, I’m providing something valuable to the community. It’s also helping us to keep some community around us.

With COVID, it’s been hard getting many of us together. This has become our social time. It was the same through the renovation. We actually haven’t had our community space for a year and a half. That’s a long time. So as you can see, the lobby where the food is can become quite busy and full. We are all trying to keep in touch with one another.

The GPCs are providing a sense of community."
How long has the No Cost Grocery Program been in effect?
- "5 years"

How have you been adapting during COVID?
- "We haven't had any problem at all. I use the gloves and pre-pack the food in the bags BFR dropped off."

Maria
Grocery Program Coordinator

Mayra first sends a text message to the community and tells them she will be packing the food into individual bags. Then, she sends another text advising the residents that they can "Grab'N'Go" the bags one at a time to leave the space clear for other neighbors.

Mayra
Grocery Program Coordinator

"One nice plus is that the food is delivered, either by us or a BFR volunteer, directly to us so folks don't have to go somewhere else to get it when they might be physically impaired or don't have transportation."

Sunny & Nirja
Grocery Program Coordinators
"I am with BFR because I can make a real difference in my community today while taking action to save the planet! Nothing better than BFR."

-Gayle, Volunteer and Donor
"BFR has been serving our community at Palo Park since we opened in 2018. As soon as the residents started moving in, BFR graciously followed. BFR is unique in that they have adapted to the needs of their grocery recipients by bringing the food directly to those who need it. The people receiving the food need only walk to their community center to pick it up, as opposed to driving to a food bank where it is warehoused.

This also allows it to be used faster, which is especially important for produce, meaning the system wastes less. COVID has brought many hardships, yet BFR has adapted by bringing more food as needed to our community, which has been especially important for those of us who were suddenly plummeted into the trials of unemployment or reduced work hours. BFR has taken care of our community when we needed it most."

"The NCGP program has been very beneficial to the residents here at Tantra Lake. We have been able to help provide good quality food from donations provided by Sprout’s, Great Harvest Bakery, and the Boulder Valley School District. We have been able to provide a small amount of relief from the economic hardship that many communities are experiencing today with the Covid-19 pandemic. We have been able to provide hope and help to many residents, and the program works.

We have a constant flow of residents that use the program each week, and the residents that receive assistance from the Grocery Point range from young college students to single adults, to families with children, to elderly citizens. We have a spectacular delivery system in place, and all food that we receive is put to good use. After the residents are served, any remaining food is delivered to Attention Homes or shelters to help provide additional support to those most in need."
"Today’s ‘Boulder Food Rescue at High Mar’ is more complicated, due to Covid-19, but also more enjoyable. We have 59 apartments with a total of 71 residents. It used to be a free-for-all with the early birds getting the “worms” – resulting in a smallish “herd mentality”.

Today, we have a husband & wife volunteer team. First, we clean and sanitize the tables and sweep the floors preparing for the food delivery. We begin Sunday, at 8:45 am, unloading and arranging the food that came in, put gloves and bags out for pickup. We don’t pre-bag because everyone has different tastes and we never get enough of any one thing to serve all.

Now there are a few people who are ready to shop before we are and – one person at a time, in the front door, out the back. We begin, again, one at a time, each person shops and socializes – we talk and laugh and have more fun than legal (which makes it more fun). And we begin calling each resident and ask them to come down to pick up their grocery items.

When everyone has finished, we take deli and some produce to the refrigerator, leave a message on the whiteboard to check the refrigerator, for those who we weren’t able to reach. Then we take refuge and boxes to the trash room – finishing our tour about 2:30 pm. We sleep really well on Sunday nights.

Monday it’s fresh from the farm, organic lettuce. Our routine is similar and lighter. Calling, messages on the board, and clean up.

Our community is getting to be pretty tight, we appreciate one another more and it’s easier and faster to say a thank you.

Boulder Food Rescue, especially Diana Alvarado, we want to thank you for providing so much to our community."
MORE PROGRAM DEVELOPMENTS
Food Rescue Alliance facilitates the development and growth of community-based food rescue organizations. Our network believes that healthy food access and food waste are best addressed at the local level by member organizations that have developed strong intra-community relationships.

Member organizations share resources, their best practices, and innovative approaches toward actualizing common goals and values.

Our long-term outcome:
Regional food security across the U.S. is equitably strengthened and supported through mutualist, open, and coordinated systems of organizing.

We are in the process of redeveloping our logistics software to better meet the needs of BFR and several other food rescue organizations across the country. For the software redevelopment, we have been using a Design Justice framework. One of the core principles is: "We believe that everyone is an expert based on their own lived experience and that we all have unique and brilliant contributions to bring to a design process."

We are co-designing software as a form of movement building and hope that it will be a tool that moves us towards a more equitable food system.
We used Figma files to show the front-end design of a food rescue organization user experience and asked users to offer feedback asynchronously.

11 organizations participated in weekly demos and contributed their questions and experiences for feature prioritization.

We received 130 comments from 12 different people on the Figma files, one of which was also a BFR participant (food recipient) and volunteer.

Progress was tracked openly on Rootable's Slack channel and opportunities to participate were continually shared with the network.

We met our goal of at least 1/3 of FRA members participating in the software development process.

Our team completed the first iteration of our new software in a participatory way.

The software was named through design activities with 12 people participating, then was put up for a vote to the network.

8 organizations tested functionality and gave feedback during an Acceptance Server, a meeting in which they actively used the new software.
Last year, we published our Participation Framework, a guide used to teach nonprofits how to become more participatory by setting up systems that enable program users to be active participants and decision-makers in the nonprofit structure.

We heard from the readers and other organizations that it would be beneficial to engage in workshops to learn more and talk about how to do this work.

In response, we created and hosted a series of three workshops about participation for direct service organizations. Each workshop had 50 -150 participants.

(1) Participation 101 for Direct Service Organizations

(2) Organization Systems Analysis

(3) Program Creation
In January 2021, Boulder Food Rescue published a report, *Food Access in Boulder, CO*. We found that resources exist to mitigate some of the worst symptoms of food insecurity, however, they do little to address the pervasive inequities associated with race, class, gender, and our economic system. These are the primary drivers of food insecurity.

To use food resources considered “benefits” or “charitable,” people have to circumvent many barriers as well as undergo considerable stress, trauma, and invisible and emotional labor. Even for people who are able to access food through charitable or governmental food programs, the negative impacts on their physical health, emotional health, and wellbeing persist.

To mitigate these barriers and shortcomings, people employ incredible amounts of ingenuity, resourcefulness, and community support to feed themselves and their families.

The report highlights that people want a food system that more equitably meets their needs. They desire increased power, choice, control, and autonomy in their own food systems. Community-led food systems, reduced food access barriers, and advocacy that addresses the root causes are some broad recommendations to address food insecurity.
We are a multiracial, multicultural, cross-class, majority LGBTQ+ staff team. Our different lenses and perspectives force us to practice understanding one another, creatively tackle problems together, and think about our work in different ways. It also enables us to connect with our community on a deeper level.

Hunger disproportionately affects people of color, immigrants, people living with disabilities, older adults, and the LGBTQ+ community. These inequities have been exacerbated by COVID-19. We believe that our staff and board reflecting the communities we partner with is vital for effective, relevant, and affirming work.

88% of No Cost Grocery Program Coordinators, 75% of our staff, and 50% of our board identify as a member of one or more of these groups. Five of our nine staff have been BFR participants.
Boulder Food Rescue stands in full solidarity with the Black Lives Matter movement and a commitment to practicing anti-racism.

Our vision is that communities have agency and ownership over their food systems and the resources they need to thrive. Currently, there is inequitable access to basic human rights to life for Black people. To live in the world we are trying to create, we must dismantle the systems that perpetuate institutional racism and white supremacy. We support those who are protesting and working towards this new future.

You cannot have food justice without racial justice. Racism is a primary driver (or root cause) of food insecurity. Inequitable access to healthful food can be seen dramatically through racial demographic data. The USDA estimates that “22.5% of African American households and 18.5% of Hispanic households are food insecure,” both of which are dramatically higher than the national average of 12.3%. These staggering numbers reinforce the reality of how food insecurity and poverty impact our communities of color. Racism is a primary driver (or root cause) of food insecurity. The inequities that already exist within our food system were exposed and amplified by COVID-19, which continues to disproportionately affect Black, Indigenous, and communities of color.

Our work is not disconnected from the racial inequalities that exist in our current systems. We are all living in and are a part of systems that cause harm to people. The organizations we represent are a part of these systems, however, that means we have the power to make a change to these systems. This is not a hopeless situation, and we have a lot of work to do. There is tremendous power and ingenuity in our collective efforts.

(Continued -->)
BFR is committed to continuing our own anti-racism work. These are the things we do that we will continue to do in ongoing ways:

- Talk openly about racism and the racial inequities that exist in our food systems.
- Give extra time off for our staff to show up for the BLM movement or to take care of themselves, depending on how they are affected by these issues.
- Give professional development stipends that support a variety of ways to learn, grow and expand personal resources beyond traditional modes of education.
- Support our staff to get resourced in the ways they need to continue to support black liberation.
- Understand and teach others about racial inequities that drive inequitable food access.
- Teaching nonprofits to become more participatory and engage the voice and efforts of the people and communities they serve.
- Decrease our own barriers to participation and food access that are built in racial inequities, such as language, knowledge, and cultural norms.
- Promote the census, especially among communities of color, to enable more funding to come into our communities.
- Support participants and communities we work with to register to vote.
- Participate in White Supremacy Culture Reflections as a staff team where we see how White Supremacy Culture shows up in ourselves, in our work, and in the organization.

We want to continue to grow in these ways:

- Support legislation that is anti-racist and supports our participants.
- Oppose legislation that is racist and creates more racial inequities within the food system.
- Support and elevate the voices of the BLM movement, black farmers and food producers, and communities of color who are disproportionately affected by food systems.
- Use the White Supremacy Culture reflection outcomes to shape systems at BFR to continue to democratize leadership, share power, and reflect antiracism work internally.

Black lives matter.
FINANCIAL STATEMENT

Revenue

Grants 49.1%
In-Kind Food Donations 38.5%
Individual Donors 7.0%
Businesses 4.1%
PPP loan - Forgiven 1.3%

Expenses

Programming 94.3%
Fundraising 4.7%
Admin 1%

Major Contributors

Anonymous Foundation, Grant $133,000
Battelle, Corporate Gift $100,000
Albertsons Foundation, Grant $100,000
ReFed, Grant $100,000
City of Boulder, Health Equity Fund, Grant $90,000
CO COVID Relief Fund, Grant $85,000
Kettering Foundation, Grant $15,000
**WHAT'S AHEAD IN 2021?**

**DEEPENING OUR RELATIONSHIPS**

Being community-led means actually letting people know that they matter and that their input matters. We will be continuing to deepen our relationships with everyone connected to BFR from participants to donors, to volunteers, to grocery managers. It takes everyone to engage in this work, give and be of service, and advocate for a more just and less wasteful food system.

All hands on deck!

**STRATEGIC PLANNING PROCESS**

We are embarking on a strategic planning process to understand and specify the direction that we will be heading in the next five years. Community participation is integral to the entire process - it will be driven by the program participants and staff of the organization. We know that our communities know what they need to thrive. We will continue shaping our organization to advance equitable food access at its roots.

**OFFERING CONSULTING SERVICES**

In response to the success of our Participation Workshops, we are becoming consultants for other nonprofits to help with increasing their ability to do participatory and equity work. This means we will be analyzing their current program structures and deconstructing any barriers to better allow their program users' input. This consulting work will be based on the research published in our Participation Framework.
### WANT TO GET INVOLVED?

#### DONATE

100% of contributions support our mission - to create a more just and less wasteful food system.

Contributing to BFR fuels the ingenuity of our team and programs. Your support makes it all possible.

#### VOLUNTEER

- Join a New Volunteer Orientation to become a food rescue courier.
- Join our outreach team.
- If you have skills, ideas, or knowledge, you'd like to contribute, we'd love to chat.

#### LEARN

If you'd like to learn more about the food system and our approaches to local food justice, check out our publications:

- [Food Access Report](#)
- [Participation Framework](#)
- [The Package Deal: How to Start your own Food Rescue](#)

#### SHARE

- Sign up for our monthly newsletter to stay up to date with all things BFR.
- Follow us on social and share with your friends.
- Meet your neighbors and engage with local mutual aid efforts.